

THE PILATES CENTRE.

Privacy policy

At 'The Pilates Centre' we are committed to doing the right thing and respecting and protecting the privacy of all those who use our website and Services. That's why we've developed this Privacy Policy.

The following Privacy Policy explains the various ways in which we collect personal information and data and the rights and choices you have when it comes to your personal data. By using the The Pilates Centre website and registering for our classes, you're agreeing to be bound by the terms of this policy.

Questions about this policy or other practices relating to privacy can be sent to info@thepilatescentre.co.uk. Our direct telephone number is 07939 592137. When you register for our services, you may provide us with;

- Your personal details, including your title, postal and billing addresses, email addresses, phone numbers and date of birth
- Information relating to your medical history and lifestyle
- Classes or sessions of interest

We may use your personal information to:

- Process payments you have made or collect payments from you
- Notify you of important changes to our Services and Policies
- Occasionally send you information about classes or courses you may be interested in
- Communicate more efficiently with you

The periods in which we retain personal information are reviewed regularly. There are certain types of information (for example, invoicing and payments) that we are required to hold to fulfil our statutory obligations. Personal information is held securely, but only on our systems for as long as it is necessary for the relevant activities.

Sharing personal data

We do not share personal data with anyone at any time.

Sharing personal data with other organisations

We do not share personal data with any other organisations ever,

Protecting personal data

All medical forms are stored in a locked filing cabinet and the only persons with access to that information are the instructors.

The online booking system we use only stores details of your name, email, address and telephone number and is password locked so the only people working on the system are Tracey, Cathryn and Laura.

We use computer safeguards such as firewalls, regular backups of data, encryption of data and secure password protection policies on all systems handling your personal information. We enforce physical access controls to buildings and files to keep data safe.

Whilst we take appropriate technical and organisational measures to safeguard your personal data, we cannot guarantee the security of any personal data that you transfer over the internet to us.

Your rights

You have the right to see the personal data we hold about you. Any requests must be made in writing and we will respond promptly. We do not charge for this service. If you would like a copy of the personal data we hold about you, please email us at info@thepilatescentre.co.uk

We want to make sure that the personal data we hold about you is accurate and up to date. If any of the details are incorrect, please let us know and we will amend them.